

NNADOZIE FOUNDATION

FINAL REPORT TO KITCHEN TABLE CHARITIES TRUST.

PROJECT TITLE: THRIVING AND SMILING BABIES IN RURAL AREAS INITIATIVE.

OLOKORO, ABIA STATE NIGERIA.

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PROJECT GOAL:

The goal of this project is to promote Infant and Maternal health and well-being in Olokoro community, Abia State Nigeria through the provision of clean birth kits and health training to underprivileged women.

1. This project gave 100 new-borns a healthy start in life by reducing infections and illness during and after delivery through the provision of essential items for delivery and infant care. 100 women (50 pregnant women and 50 nursing mothers of babies 0 -1 month) in Olokoro community received birth Kits containing essential items such as Sterilized Scalpel blades, sterile hand gloves, Sterilized absorbent delivery mats, cotton wool, Antiseptic liquid, Methylated spirit. The Kits also contained treated bed nets to prevent malaria infection. In response to the COVID-19 outbreak, soaps were included in the kit to encourage proper hygiene.

2. This project provided health information and training for mothers to ensure that babies are properly cared for especially in the first month. This involved sensitizing 100 pregnant women and mothers with new-borns with important health information regarding pregnancy, new-born care, encouraging antenatal and post-natal attendance, exclusive breastfeeding, immunizations and delivery in approved health centres. The importance of hygiene during and after delivery was also emphasized. Sensitization was conducted in the local language to ensure that it is properly understood by the uneducated mothers. With the outbreak of the COVID-19 pandemic more emphasis was placed on the importance of hygienic practices such as regular handwashing amongst others to keep mothers and babies safe.

PROJECT BENEFICIARIES.

This project directly benefitted 100 underserved women and babies, comprising 50 pregnant women and 50 nursing mothers in Olokoro community.

Olokoro community is located in Umuahia South local Government area of Abia State, Nigeria. It comprises of 14 villages with an average population of 35,000 people. Women and children make up about 67% of the population. The community lacks basic amenities such as steady electricity supply, pipe borne water, tarred roads and equipped health centers. The only public primary health center in the community lacks equipment, drugs and personnel to adequately cater to the health care needs of the people. There is also a high level of poverty in the community as many engage in farming and petty trading. As a result, most pregnant women in Olokoro community cannot afford proper medical care, they give birth at home or with traditional birth attendants, under unhygienic conditions. Most of the women also lack formal education, hence they lack relevant health information regarding pregnancy and new-born care.

PROJECT ACTIVITIES:

Phase 1- Baseline Survey: This involved a pre- project survey of the beneficiaries to collect important information about their age, health status, antenatal/ post-natal attendance, vaccination/ immunization received. Based on our findings

1. Only 20% of pregnant beneficiaries attended antenatal regularly.
2. 40% of new borns had not received immunization
3. 97% of project beneficiaries have never received training on new born care from experts.

The Nnadozie project team used our various data collection methods such as questionnaire's, interviews and focus group discussions to make findings from relevant project stakeholders. October – November 2020

Phase 2 – Identification and selection of beneficiaries: Beneficiaries were selected from the 14 villages of Olokoro. This was be done in collaboration with the women leaders in the community. The purpose of collaborating with the women leaders is to encourage community-led change. – October - November 2020

Phase 3- Training: The selected participants received expert training on how to have a safe pregnancy, delivery and newborn care by Nnadozie Foundation trainers. This involved sensitizing 100 pregnant women and mothers with new-borns with important health information regarding pregnancy, new-born care, encouraging antenatal and post-natal attendance, exclusive breastfeeding, immunizations and delivery in approved health centers. The importance of hygiene during and after delivery was also emphasized. Training was conducted in the local language to ensure that it is properly understood by the uneducated mothers. October 2021– March 2021.

Phase 4- Distribution of Kits: After the training the Kits containing items for hygienic delivery were distributed to project beneficiaries. The Kits contained essential items such as Sterilized Scalpel blades, sterile hand gloves, Sterilized absorbent delivery mats, cotton wool, and methylated spirit. The Kits also contained treated bed nets to protect against malaria. Due to the COVID-19 outbreak soaps were included in the kit to encourage proper hygiene amongst project beneficiaries. February – April 2021

Phase 5- Monitoring: Nnadozie foundation M&E officers and field staff monitored kit usage by beneficiaries and kept track of number of babies delivered using the kit, health status of new-born, behavior changes in mothers, and tracking project outcomes.

April- August 2021

Phase 6- Evaluation: An evaluation of the impact of the project, using data obtained during baseline survey and other variables was conducted by our evaluators. Summary below:

PROJECT OUTPUTS:

1. 100 women (50 pregnant and 50 nursing mothers) in Olokoro receive birth kits containing essential items such as Sterilized Scalpel blades, sterile hand gloves, Antiseptic liquid, Sterile absorbent delivery mats, cotton wool, and methylated spirit.
2. 100 project beneficiaries receive expert training on how to have a safe pregnancy, delivery and newborn care by Nnadozie Foundation trainers.
3. 100 project beneficiaries receive kits containing treated bed nets to prevent malaria and soap to support hygiene.

PROJECT OUTCOMES:

1. **100% increase in health outcomes of new- borns as a result of reduction in unhygienic birth practices among project beneficiaries, through provision of delivery kits containing items for a clean delivery. All pregnant beneficiaries had a safe delivery.**
2. **90% increase in the number of beneficiaries with improved knowledge on pregnancy health and infant care through Nnadozie Foundation training program. All infants monitored are in good health and thriving.**
3. **100% Reduction in Maternal and Infant mortality resulting from unclean birth practices, and Malaria as a result of project intervention.**
4. **Positive Behavior change among project beneficiaries as atleast 95% utilized the birth kits, attended antenatal and postnatal classes and adopted better care and hygiene for the new borns.**

DISSEMINATION OF RESULTS:

Results from the project has been shared with women leaders of the community in a town hall meeting, to ensure that mothers continue healthy practices even after the project is completed.

Pictures and summary of our project has been shared on our website.

WHAT SOME OF OUR PROJECT BENEFICIARIES ARE SAYING:

"THIS PROJECT HAS REALLY RESTORED MY HOPE, I HAVE BEEN WORRIED ABOUT HOW TO RAISE MONEY FOR MY DELIVERY ITEMS. I KNOW IT IS UNSAFE TO BE SO WORRIED DURING PREGNANCY, BUT I REALLY DID NOT KNOW WHAT TO DO. WITH THE LESSONS I HAVE LEARNT AND THIS KIT I HAVE RECEIVED FROM NNADOZIE FOUNDATION, I AM NOW RELAXED AND CONFIDENT TO HAVE MY BABY" MRS. NKECHI EZE- OLOKORO.

"THANK YOU NNADOZIE FOUNDATION AND HER SUPPORTERS FOR THIS PROJECT. TODAY I HAVE LEARNT SO MUCH ABOUT HOW TO CARE FOR MY NEW BORN BABY AND MYSELF. I LEARNT THE IMPORTANCE OF HYGIENE, BREAST FEEDING AND DANGER SIGNS TO LOOK OUT FOR. I FEEL REALLY EMPOWERED AND I KNOW WITH THIS KNOWLEDGE I HAVE GOTTEN, I WILL RAISE A HEALTHY AND SUCCESSFUL CHILD ". CHIAMAKA ADIELE

"I HAD MY LAST CHILD AT HOME BECAUSE WE COULD NOT AFFORD HOSPITAL DELIVERY. I DID NOT EVEN HAVE MOST OF THESE ITEMS GIVEN TO ME TODAY. I NOW REALISE THAT I EXPOSE MY BABY AND SELF TO DANGER BY GIVING BIRTH IN UNCLEAR ENVIRONMENT. I WILL ENSURE THAT I REGISTER IN A HOSPITAL FOR MY ANTENATAL AND DELIVERY. MARY OBINNA – OLOKORO

ANY PROJECT THAT IMPACTS WOMEN AND CHILDREN ALSO IMPACTS THE ENTIRE COMMUNITY. ON BEHALF OF THE LEADERS OF THE COMMUNITY, WE THANK NNADOZIE FOUNDATION AND HER SUPPORTERS FOR THIS WONDERFUL PROJECT WHICH HAS HELPED TO PROMOTE HEALTH AND WELL BEING OF OUR PREGNANT WOMEN AND INFANTS. MANY OF THESE WOMEN COULD NOT AFFORD THESE ITEMS BUT YOU HAVE PUT A SMILE AON THEIR FACES. PLEASE WE STILL NEED YOUR SUPPORT FOR MORE WOMEN TO BE REACHED. MAY THE GOOD LORD BLESS YOU ALL. – MRS GRACE ONWUKA- WOMEN LEADER OLOKORO COMMUNITY.

NNADOZIE INTEGRATED DEVELOPMENT FOUNDATION PROJECT EXPENSE REPORT LOCATION : OLOKORO COMMUNITY,UMUAHIA NORTH LOCAL GOVERNMENT AREA, ABIA STATE NIGERIA.				
BUDGET LINE ITEM	QUANTITY	UNIT COST -£	BUDGET COST£	ACTUAL EXPENSE £
EQUIPMENT & SUPPLIES				
Absorbent delivery mats	50	4	200.00	200.00
Methylated Spirit	100 bottles	5	500.00	500.00
100 ml Liquid antiseptic	100 bottles	3	300.00	300.00
Cord Clamps	50	3	150.00	150.00
Treated bed nets	100	7	700.00	700.00
Cotton wool	100 packs (200gm)	4	400.00	300.00
Scalpel blade	100 pcs/ 2 per pregnant woman	3	300.00	300.00
Sterilized hand gloves	100 packs/ 2 per pregnant woman	2	200.00	200.00
Soap	200 pcs	1	\$200	200.00
TRAINING				
Production of training manual @1.85	100 pcs	1.85	185.00	185.00
Stipend for Health trainer	1	200	200.00	200.00
Packaging bags	100 pcs	2	200.00	200.00
TRANSPORTATION & LOGISTICS				
Transportation cost of materials and personnel	12 Months	42/Month	500.00	500.00
HUMAN RESOURCES				
Stipend for 3 Project coordinators	12 Months	30/Month	900.00	900.00
ADMINISTRATIVE COSTS				

Internet/Telephone costs	3 PERS	30	360.00	360.00
Typing and printing of reports			140.00	100.00
MONITORING AND EVALUATION				
Cost for M/E	6 Months		265.00	260.00
TOTAL			£5,500	£5,355

TOTAL GRANT RECEIVED FROM KTCT - £5,000.00

OTHER SOURCES - £500

TOTAL EXPENSES: £5,355

CONCLUSION: The project was a huge success and well received by Olokorok community. The lives of project beneficiaries were positively impacted and our goal to improve maternal and infant health was achieved. Pictures have been sent as attachment to this report. Nnadozie Foundation is immensely grateful to the Kitchen Table Charities Trust for the support. We hope to extend this project to more underprivileged women and we kindly request that you continue to support our project.

Thank you!

For: Nnadozie Foundation



Mrs. Judith Ukagwu
Chief Executive Officer.